

# Crediting Combination Infant Foods

Use these 4 simple steps to help you credit combination infant foods

## Step 1:

Are the ingredients creditable?



## Step 2:

Does the item contain only one food component? (fruits and vegetables count as one component)

If **YES**, offer the required portion and record as that meal component

If **NO**, go to **Step 3**

## Step 3:

Is the amount of each ingredient listed in units (cups, teaspoons, etc.)?

If **YES**, go to **Step 4**

If **NO**, the food item may not be creditable (unless it is just fruits and/ or vegetables with no other items)

## Step 4:

Does the amount of each food component in the container meet the portion required in the CACFP infant meal pattern?

If **NO**, you may need to serve additional food items to meet the minimum portion

